

Start	Finish	Saturday 10 August 2024	Slots / Boats		
06:30:00	07:00:00	Water On and settled	1	00:30:00	00:30:00
07:00:00	07:30:00	Forerunner training	1	00:30:00	00:30:00
07:30:00	17:30:00	Official training	10	01:00:00	10:00:00
17:30:00	18:00:00	Set Kayak Cross Course	1	00:30:00	00:30:00
18:00:00	20:30:00	Kayak Cross Training	3	00:50:00	02:30:00
20:30:00		Water Off			
TIME		Training Day 3	Number of	Interval	Elapsed Time
Start	Finish	Sunday 11 August 2024	Slots / Boats		
06:30:00	07:00:00	Water On and settled	1	00:30:00	00:30:00
07:00:00	09:30:00	Kayak Cross Training	3	00:50:00	02:30:00
09:30:00	10:00:00	Set Slalom Gates	1	00:30:00	00:30:00
10:00:00	10:30:00	Forerunner training	1	00:30:00	00:30:00
10:30:00	20:30:00	Official training	10	01:00:00	10:00:00
20:30:00	21:00:00	Move Slalom Gates	1	00:30:00	00:30:00
21:00:00		Water Off			
TIME		Training Day 4	Number of	Interval	Elapsed Time
Start	Finish	Monday 12 August 2024	Slots / Boats		
06:30:00	07:00:00	Water On and settled	1	00:30:00	00:30:00
07:00:00	07:30:00	Forerunner training	1	00:30:00	00:30:00
07:30:00	17:30:00	Official training	10	01:00:00	10:00:00
17:30:00	18:00:00	Set Kayak Cross Course	1	00:30:00	00:30:00
18:00:00	20:30:00	Kayak Cross Training	3	00:50:00	02:30:00
18:15:00	19:15:00	Team leaders meeting	1	01:00:00	01:00:00
20:30:00		Water Off			
TIME		Training Day 5	Number of	Interval	Elapsed Time
Start	Finish	Tuesday 13 August 2024	Slots / Boats		
06:30:00	07:00:00	Water On and settled	1	00:30:00	00:30:00
07:00:00	09:30:00	Kayak Cross Training	3	00:50:00	02:30:00
09:00:00	10:00:00	Technical Meeting	1	01:00:00	01:00:00
09:30:00	10:00:00	Set Slalom Gates	1	00:30:00	00:30:00
10:00:00	10:30:00	Forerunner training	1	00:30:00	00:30:00
10:30:00	20:30:00	Official training	10	01:00:00	10:00:00
20:30:00	21:00:00	Move Slalom Gates	1	00:30:00	00:30:00
21:00:00		Water Off			
TIME		Training Day 6	Number of	Interval	Elapsed Time
Start	Finish	Wednesday 14 August 2024	Slots / Boats		
07:00:00	18:30:00	Water On and settled	1	00:30:00	00:30:00
07:00:00	07:30:00	Forerunner training	1	00:30:00	00:30:00
07:30:00	14:10:00	Official training	10	00:40:00	06:40:00
13:30:00	14:00:00	TVS testing in Athlete Tent	1	00:30:00	00:30:00
HEATS EVENTS COURSE					
14:10:00	16:00:00	Heats events - Course construction	1	01:50:00	01:50:00
16:05:00	16:35:00	Heats events - Course Tuning with demonstration runners	1	00:30:00	00:30:00
16:45:00	16:55:00	Heats events - Course approval	1	00:10:00	00:10:00
17:10:00	17:26:00	Heats events - full length demo run & rehearsal	8	00:02:00	00:16:00
18:30:00	20:00:00	Opening Ceremony	1	01:30:00	01:30:00
18:30:00		Water Off	1	00:00:00	00:00:00
TIME		Day 1	Number of	Interval	Elapsed Time
Start	Finish	Thursday 15 August 2024	Slots / Boats		
07:30:00	20:15:00	Water On and settled	1	00:15:00	00:15:00
07:30:00	08:30:00	Pole Adjustment and inspection	1	01:00:00	01:00:00
HEATS - U23 - GROUP 1					
08:45:00	08:49:00	Forerunners	4	00:01:00	00:04:00
09:00:00	09:51:00	MK1 U23 - 1st Run	51	00:01:00	00:51:00
10:00:00	10:34:00	WK1 U23 - 1st Run	34	00:01:00	00:34:00
10:40:00	11:36:00	MK1 Junior - 1st Run	56	00:01:00	00:56:00
11:40:00	12:17:00	WK1 Junior - 1st Run	37	00:01:00	00:37:00
12:30:00	13:01:00	MK1 U23 - 2nd Run	31	00:01:00	00:31:00
13:10:00	13:24:00	WK1 U23 - 2nd Run	14	00:01:00	00:14:00
13:30:00	14:06:00	MK1 Junior - 2nd Run	36	00:01:00	00:36:00
14:10:00	14:27:00	WK1 Junior - 2nd Run	17	00:01:00	00:17:00
TEAM EVENTS - GROUP 1					
15:30:00	15:35:00	Forerunners	2	00:02:30	00:05:00
15:45:00	16:22:30	MK1 U23 Teams	15	00:02:30	00:37:30
16:30:00	16:55:00	WK1 U23 Teams	10	00:02:30	00:25:00
17:00:00	17:37:30	MK1 Junior Teams	15	00:02:30	00:37:30
17:45:00	18:05:00	WK1 Junior Teams	8	00:02:30	00:20:00
TEAM EVENTS - MEDALS CEREMONIES					
18:15:00	18:20:00	MK1 U23 Teams - Medals ceremony	1	00:05:00	00:05:00
18:21:00	18:26:00	MK1 Junior Teams - Medals ceremony	1	00:05:00	00:05:00
18:27:00	18:32:00	WK1 U23 Teams - Medals ceremony	1	00:05:00	00:05:00

18:33:00	18:38:00	WK1 Junior Teams - Medals ceremony	1	00:05:00	00:05:00
18:40:00		Water OFF	1	00:00:00	00:00:00
TIME		Day 2	Number of	Interval	Elapsed Time
Start	Finish	Friday 16 August 2024	Slots / Boats		
07:00:00	19:55:15	Water On and settled	1	00:20:00	00:20:00
07:15:00	08:30:00	Pole Adjustment and inspection	1	01:30:00	01:15:00
HEATS - GROUP 2					
09:30:00	09:34:00	Forerunners	4	00:01:00	00:04:00
09:45:00	10:18:00	MC1 U23 - 1st Run	33	00:01:00	00:33:00
10:25:00	10:52:00	WC1 U23 - 1st Run	27	00:01:00	00:27:00
11:00:00	11:38:00	MC1 Junior - 1st Run	38	00:01:00	00:38:00
11:45:00	12:09:00	WC1 Junior - 1st Run	24	00:01:00	00:24:00
12:15:00	12:28:00	MC1 U23 - 2nd Run	13	00:01:00	00:13:00
12:35:00	12:53:00	MC1 Junior - 2nd Run	18	00:01:00	00:18:00
TEAM EVENTS - GROUP 2					
13:45:00	13:50:00	Forerunners	2	00:02:30	00:05:00
13:55:00	14:25:00	MC1 U23 Teams	12	00:02:30	00:30:00
14:30:00	14:50:00	WC1 U23 Teams	8	00:02:30	00:20:00
14:55:00	15:17:30	MC1 Junior Teams	9	00:02:30	00:22:30
15:23:00	15:38:00	WC1 Junior Teams	6	00:02:30	00:15:00
TEAM EVENTS - MEDALS CEREMONIES					
15:45:00	15:50:00	MC1 U23 Teams - Medals ceremony	1	00:05:00	00:05:00
15:51:00	15:56:00	WC1 U23 Teams - Medals ceremony	1	00:05:00	00:05:00
15:57:00	16:02:00	MC1 Jun Teams - Medals ceremony	1	00:05:00	00:05:00
16:05:00	16:09:59	WC1 Junior Teams - Medals ceremony	1	00:05:00	00:05:00
KAYAK CROSS INDIVIDUAL					
15:45:00	16:45:00	Set Kayak Cross gates	1	01:00	01:00:00
16:45:00	16:48:00	Forerunners	4	00:00:45	00:03:00
16:55:00	17:25:45	MSX1-U23	41	00:00:45	00:30:45
17:30:00	18:03:45	MSX1-Junior	45	00:00:45	00:33:45
18:08:00	18:28:15	WSX1-U23	27	00:00:45	00:20:15
18:33:00	18:54:45	WSX1-Junior	29	00:00:45	00:21:45
KAYAK CROSS INDIVIDUAL - MEDALS CEREMONIES					
19:00:00	19:05:00	MSX1 U23 - Medals ceremony	1	00:05:00	00:05:00
19:06:00	19:11:00	MSX1 Junior - Medals ceremony	1	00:05:00	00:05:00
19:12:00	19:17:00	WSX1 - Under 23 - Medals ceremony	1	00:05:00	00:05:00
19:17:59	19:22:59	WSX1 Junior - Medals ceremony	1	00:05:00	00:05:00
18:55:15	19:55:15	Finals Course construction	1	01:00	01:00:00
19:55:15		Water Off	1	00:00:00	00:00:00
TIME		Day 3	Number of	Interval	Elapsed Time
Start	Finish	Saturday 17 August 2024	Slots / Boats		
07:10:00	07:30:00	Water On and settled	1	00:20:00	00:20:00
FINALS EVENTS COURSE					
07:30:00	08:00:00	Finals events - Course Tuning with demonstration runners	1	00:30:00	00:30:00
08:10:00	08:20:00	Finals events - Course approval	1	00:10:00	00:10:00
08:35:00	08:51:00	Finals events - full length demo run & rehearsal	8	00:02:00	00:16:00
SEMI FINAL & FINAL - GROUP 1					
10:00:00	10:06:00	Forerunners	4	00:01:30	00:06:00
10:15:00	11:00:00	MK1 U23 - Semi-final	30	00:01:30	00:45:00
11:05:00	11:50:00	WK1 U23 - Semi-final	30	00:01:30	00:45:00
11:55:00	12:40:00	MK1 Junior - Semi-final	30	00:01:30	00:45:00
12:45:00	13:30:00	WK1 Junior - Semi-final	30	00:01:30	00:45:00
14:30:00	14:54:00	MK1 U23 Final	12	00:02:00	00:24:00
15:00:00	15:24:00	WK1 U23 Final	12	00:02:00	00:24:00
15:30:00	15:54:00	MK1 Junior Final	12	00:02:00	00:24:00
16:00:00	16:24:00	WK1 Junior Final	12	00:02:00	00:24:00
MEDALS CEREMONIES - GROUP 1					
16:30:00	16:35:00	MK1 U23 - Medals ceremony	1	00:05:00	00:05:00
16:36:00	16:41:00	WK1 U23 - Medals ceremony	1	00:05:00	00:05:00
16:42:00	16:47:00	MK1 Junior - Medals ceremony	1	00:05:00	00:05:00
16:48:00	16:53:00	WK1 Junior - Medals ceremony	1	00:05:00	00:05:00
16:55:00		Water Off	1	00:00:00	00:00:00
TIME		Day 4	Number of	Interval	Elapsed Time
Start	Finish	Sunday 18 August 2024	Slots / Boats		
07:00:00	07:20:00	Water On and settled	1	00:20:00	00:20:00
07:20:00	08:45:00	Pole Adjustment and inspection	1	01:25:00	01:25:00
SEMI FINAL & FINAL - GROUP 2					
08:45:00	08:51:00	Forerunners	4	00:01:30	00:06:00
09:00:00	09:45:00	MC1 U23 - Semi-final	30	00:01:30	00:45:00
09:50:00	10:35:00	WC1 U23 - Semi-final	30	00:01:30	00:45:00
10:40:00	11:25:00	MC1 Junior - Semi-final	30	00:01:30	00:45:00
11:30:00	12:15:00	WC1 Junior - Semi-final	30	00:01:30	00:45:00

1 heat only

1 heat only

13:00:00	13:24:00	MC1 Under 23 Final	12	00:02:00	00:24:00
13:30:00	13:54:00	WC1 Under 23 Final	12	00:02:00	00:24:00
14:00:00	14:24:00	MC1 Junior Final	12	00:02:00	00:24:00
14:30:00	14:54:00	WC1 Junior Final	12	00:02:00	00:24:00
MEDALS CEREMONIES - GROUP 1					
15:00:00	15:05:00	MC1 Junior - Medals ceremony	1	00:05:00	00:05:00
15:06:00	15:11:00	WC1 Junior - Medals ceremony	1	00:05:00	00:05:00
15:12:00	15:17:00	MC1 U23 - Medals ceremony	1	00:05:00	00:05:00
15:18:00	15:23:00	WC1 U23 - Medals ceremony	1	00:05:00	00:05:00
14:54:00	16:00:00	Set Kayak Cross Course	1	01:01:00	01:06:00
KAYAK CROSS - Quarter final					
16:20:00	16:24:00	Forerunners	1	00:04:00	00:04:00
16:30:00	16:46:00	MX1-U23 - quarter finals	4	00:04:00	00:16:00
16:47:00	17:03:00	MX1-Junior - quarter finals	4	00:04:00	00:16:00
17:04:00	17:20:00	WX1-U23 - quarter finals	4	00:04:00	00:16:00
17:21:00	17:37:00	WX1-Junior - quarter finals	4	00:04:00	00:16:00
KAYAK CROSS - Semi final					
17:43:00	17:51:00	MX1-U23 - Semi-final	2	00:04:00	00:08:00
17:52:00	18:00:00	MX1-Junior - Semi-final	2	00:04:00	00:08:00
18:01:00	18:09:00	WX1-U23 - Semi-final	2	00:04:00	00:08:00
18:10:00	18:18:00	WX1-Junior - Semi-final	2	00:04:00	00:08:00
KAYAK CROSS - Final					
18:21:00	18:25:00	MX1-U23 - Final	1	00:04:00	00:04:00
18:26:00	18:30:00	MX1-Junior - Final	1	00:04:00	00:04:00
18:31:00	18:35:00	WX1-U23 - Final	1	00:04:00	00:04:00
18:36:00	18:40:00	WX1-Junior - Final	1	00:04:00	00:04:00
MEDALS CEREMONIES - KAYAK CROSS & CLOSING CEREMONY					
18:52:00	18:57:00	MX1-U23 - medals presentation	1	00:05:00	00:05:00
18:58:00	19:03:00	MX1-Junior - medals presentation	1	00:05:00	00:05:00
19:04:00	19:09:00	WX1-U23 - medals presentation	1	00:05:00	00:05:00
19:10:00	19:15:00	WX1-Junior - medals presentation	1	00:05:00	00:05:00
19:16:00	19:19:00	CLOSING CEREMONY	1	00:03:00	00:03:00
19:37:00	19:37:00	Water Off	1	00:00:00	00:00:00